



## Individual Cheer Score Sheet

<b>Tumbling</b>	Difficulty 0-5	Technique 0-5	Maximum Points	Total Score
Standing Tumbling			10	
Running Tumbling			10	
Jumps			10	
<b>Total Tumbling Score</b>			<b>30</b>	
Comments				

<b>Overall</b>	Maximum Points	Totals
Motions	10	
Dance	10	
Transitions	10	
Showmanship & Entertainment	10	
Choreography	10	
Degree of Difficulty	10	
Perfection of Routine	10	
<b>Total Overall Score</b>	<b>70</b>	
Comments		

### Jump Difficulty Breakdown:

- 0 - No jumps performed
- 1 - One non-advanced jump performed
- 2 - Two or more non-advanced jump performed
- 3 - One advanced jump performed
- 4 - Two advanced jumps performed (Jumps do not need to be connected)
- 5 - Three advanced jumps performed (Jumps do not have to be connected)